12: Douglas T-3 (1951)1953 AJ4 W. Tibetans AJ4

that could dominate the rest. And so monastic Buddhism united social and political groups, isolated from each other, into one common community. That is the essential unity of Ladakh and Tibet today.

One Tibetan king tried in the tenth century to oust the church, but he failed. His name was Langdharma. He is known in lama tradition today as the incarnation of wickedness.

It was not always easy going for the monasteries. In the middle of the sixteenth century Moslems swept down from the northwest; and again about A.D. 1600 they invaded from the west. They destroyed monasteries and threw the libraries into the Indus. The Moslem rule was short-lived. The monasteries shortly regained their position. In the Great Mongol War of 1646–47 the Maharajah of Kashmir, whose troops were in command of the brave Wazir Zorawar, annexed Ladakh to India. About 1834 General Zorawar Singh, acting for the Rajah of Jammu, again conquered Ladakh for India, driving before him into Tibet about nine thousand lamas or three quarters of the monks of the monasteries. Singh moved on to Tibet and in 1841 was defeated by the Chinese, who swept down to Leh and held it for a few weeks. But they were driven out by Moslems; and, ever since, Ladakh has been politically a part of Kashmir. But in 1951 and 1952 Ladakh was insisting that it be a federated state in Kashmir, having the same relation to Kashmir as Kashmir has to India. In that way Ladakh would retain home rule.

Ladakh still has a king. I met him at Leh. He is a slight, wiry chap in his twenties and at present is an officer in the Indian Army. He still has a palace; he is still king in name; and his wife, the Queen owns the most beautiful, the most expensive *perakh* in Ladakh. But their titles and rank are titular only and have been for a century.

The lands are rented by the monasteries under various tenancy systems:

(1) The landlord furnishes the seed and gets in return three

12: Douglas T-3 (1951)1953 AJ4 W. Tibetans AJ4

years they charged four annas (five cents); now their uniform rate is one rupee (twenty cents).

Leh barely keeps alive. The demands of its native population bring some life to the markets. But Leh will shrink to a tiny village on that volume of trade. To date it has been saved by its Indian Army garrison, whose purchasing power keeps the ancient city alive. But once that artificial stimulant is removed, Leh will shrivel. There are projects for development of Ladakh. It is found, for example, that drug herbs grow well there and have an extraordinarily high alkaloid content. Kashmir is promoting the use of Ladakh for growing drug herbs on a commercial scale. Unless Kashmir undertakes a bold economic and social program in Ladakh, Leh will soon become as much a relic of the past as the gaunt and empty castle of the King that looks down on the old capital of Little Tibet.

The people of Leh do not seem to know the worries of which I speak. They have little; they expect no more; they are happy with their lot. They are friendly and cheerful, simple and uncomplicated. I stayed with them and came to know their simple faith. The deities of the passes, of the rivers, of the valleys are real to them. So are their fears and superstitions. They are gentle people, and poor beyond belief, held closely to their faith by stern lamas.

The beautiful women in Leh are the young ones in their teens or twenties. A woman, by the time she is thirty, has usually faded. She carries the work of the house, the weight of the children, the burden of the fields. By forty she is old, with no buoyancy left. But the young lady knows the gaiety of hope, the laughter of dreams. Such a girl was Zila. She wore a chic sheepskin over her shoulders, the fur side under. The fleece had been washed and combed and made to spray out along the edges of the garment and over her shoulders. These streamers of wool against Zila's dark dress, like her beautiful teeth against her dark lips, gave her a rare beauty.

I met Zila at the Moravian Mission at Leh, a mission estab-

14: Asboe M-3 (no date) 1947 AJ4 W. Tibetans AJ4

prising that in the rarefied atmosphere of such high altitudes as in Ladakh, where there is little precipitation and the land extremely dry and sandy, the power of the sun is very great. This in turn produces the winds which blow almost constantly from the south and south-westerly directions. The winds on the highlands of Rupshu, for instance, are continuous throughout the year, and they blow with great force when there is not even a vestige of cloud. These winds are dry and extremely cold, since they blow over the glaciers and snow accumulations, so that it may be truly said that Ladakh is in the belt of "windswept Central Asia." When travelling in these regions you cannot fail to observe that when the day is cloudy the strength of the wind is not so great; sometimes, indeed, there is no wind at all, whilst it rises to a gale immediately the skies clear. This is one reason why the traveller in these elevated regions prefers to cross the high passes ranging from 13,000 to 18,000 feet when the sky is overcast. You can never be certain of weather conditions on a pass, but when bad weather is encountered it is easier to tolerate a mist or even heavy snowfall than a powerful wind, which not only impedes progress but chills you to the bone. Long exposure to such a wind, be the sun ever so bright and warm, can reduce your morale and physical energy to a point bordering on collapse.

The peasants of Ladakh are sturdy and cheerful people, inured to long exposure to the sun and wind. Their physical endurance when on their trading expeditions or when carrying heavy loads over a pass in the teeth of a howling wind or blinding blizzard is phenomenal. They contrive to raise crops as good as can be expected considering the unpromising nature of the soil coupled with the difficulties of cultivating them at extremely high altitudes.

The herd instinct, so notably developed in the Tibetans, precludes any effort on the part of the individual to increase his annual output of crops. If a peasant wishes to open up a piece of waste land or contemplates cutting a watercourse to irrigate it, he is obliged to obtain the permission of the community. His well-intentioned plans are usually frustrated by the prejudice and conservatism of the villagers. They at once obstruct him by saying that any such enterprise would interfere with the area required for the pasturage of the communal flocks. The immediate result is that any idea of agricultural progress is strangled at its birth by the tyrannical communal conscience, which is contented to remain *in statu quo* as regards agricultural pursuits.

The practice of interchange of farming implements, such as has been customary from time immemorial, and the borrowing of oxen to till the land, tend to deprive a man of his inalienable right to independence. This is mainly due to the fact that the average Tibetan is too poor to purchase his own farm implements and too indigent to support the number of cattle necessary for the proper development of his farm. The measure of a farmer's wealth is calculated by the number of his horses, sheep, goats, and oxen, as well as the size of his granary. Very little money is passed from hand to hand, labour being paid for in man-power or in grain. Many peasants who have land but not sufficient manure to enrich it sub-let part or the whole of it on the understanding that the tenant

19: Asboe M-3 (no date) 1937 AJ4 W. Tibetans AJ4
Lahul

five rupees per pony. Provided that the farmer has sufficient fodder to feed his own and his neighbour's cattle, he is glad to get the extra heads in order to increase his supply of manure. 231

Conclusion.

Though the total yield of crops is meagre, as is to be expected in high altitudes and in a practically rainless country, the farmer gets as much out of the land as can well be expected. 241 511

Generally speaking he is very poor, and the prospect of famine is never far removed from him. Were it not for the wool trade carried on between the highlands of Tibet and Lahoul, by way of supplementing the slender harvest he reaps, the Lahouli would be far worse off economically. [439]

He does not take kindly to improved methods of agriculture, owing to the conservative attitude of the community as a whole. 241 511 185

The slow penetration of western civilization is, however, leading to a slight increase in agricultural activity, in that Lahoulis are now beginning to open up virgin soil which has lain uncultivated for centuries. 177

At best the struggle for existence in so elevated a region as Lahoul is a real and stern one.

[77(a)]